

Attachment 05

Modified Laws of the Game St. Mary's Soccer U09, U10 Playing Recommendations for 7v7

Law 1 – The Field of Play (Figure 1)

Dimensions: The field of play must be rectangular. The length of the touchline must be greater than the length of the goal line.

Length: minimum 55 yards (180 ft) maximum 65 yards (225 ft)

Width: minimum 35 (90 ft) yards maximum 45 yards (120 ft)

Field Markings: Distinctive lines not more than five (5) inches wide. The field of play is divided into two halves by a halfway line. The center mark is indicated at the midpoint of the halfway line. A circle with a radius of 4 yards (12 ft) is marked around it.

Build out lines: Distinctive line of any color that contrasts the other field markings. The line may be solid or dashed and is located equidistant between the top of the penalty area and the halfway line.

The Goal Area: A goal area is defined at each end of the field as follows: Two lines are drawn at right angles to the goal line two (2) yards (6 ft) from the inside each goalpost. These lines extend into the field of play for a distance of four (4) yards (12 ft) and are joined by a line drawn parallel with the goal line. The area bounded by these lines and the goal line is the goal area and is four (4) yards by eight (8) yards in total.

The Penalty Area: A penalty area is defined at each end of the field as follows: Two lines are drawn at right angles to the goal line, ten (10) yards (30 ft) from the inside of each goalpost. These lines extend into the field of play for a distance of twelve (12) yards (36 ft) and are joined by a line drawn parallel with the goal line. The area bounded by these lines and the goal line is the penalty area and is 12 yards by 24 yards total. Within each penalty area a penalty mark is made ten (10) yards (30 ft) from the midpoint between the goalposts and equidistant to them. An arc of a circle with a radius of four (4) yards (12 ft) from each penalty mark is drawn outside the penalty area.

Flag posts: Conform to FIFA.

The Corner Arc: Conform to FIFA.

Goals: Goals must be placed on the center of each goal line. They consist of two upright posts equidistant from the corner flag posts and joined at the top by a horizontal crossbar. The maximum distance between the posts is twelve (12) feet and the maximum distance from the lower edge of the crossbar to the ground is six and one half (6.5) feet.

Law 2 – The Ball: Size four (4).

Law 3 – The Number of Players: A match is played by two teams, each consisting of not more than seven players, one of whom is the goalkeeper. A match may not start if either team consists of fewer than five players, one of whom must be the goalkeeper.

Substitutions: Unlimited substitutions are allowed at any stoppage with permission of the referee.

Playing time: Each player should play a minimum of 50% of the total playing time.



Law 4 – The Players' Equipment: Conform to FIFA. Non-uniform clothing is allowed based on weather conditions, but uniforms must still distinguish teams.

Law 5 – The Referee: USSF Certified Referees are used.

Law 6 – The Assistant Referees: Not Required.

Law 7 – The Duration of the Match: Conform to FIFA with the exception of the match being divided into two (2) halves of twenty-five (25) minutes each. There shall be a half-time interval of ten (10) minutes.

Law 8 – The Start and Restart of Play: Conform to FIFA.

Law 9 – The Ball In and Out of Play: Conform to FIFA.

Law 10 – The Method of Scoring: Conform to FIFA.

Law 11 – Offside: Conform to FIFA. The build-out line will be used, and players will not be penalized for offside offenses between the build-out line and the halfway line.

Law 12 – Fouls and Misconduct: Conform to FIFA with the following exceptions.

Slide Tackling: No slide-tackling is allowed. If a player slide tackles, a direct free kick is awarded to the opposing team at the spot of the offense.

Heading: No heading is allowed. If the ball hits a player's head, play is stopped so that the player can be checked. The restart depends on if the heading was deliberate or not. If the heading was deliberate, then an indirect free kick is given to the opposing team at the location of the heading (subject to the restrictions on the location of indirect free kicks inside the Goal Area described in Law 8). If the heading was not deliberate, the restart is a drop ball.

Punting or drop kick: The goalkeeper may not punt the ball. If the goalkeeper punts or drop kicks the ball, an indirect free kick should be awarded to the opposing team from the spot of the offense. If the punt or drop kick occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the nearest point to where the infringement occurred.

Law 13 – Free Kicks: Conform to FIFA with the exception that all opponents are at least eight (8) yards (24 ft) from the ball.

Law 14 – The Penalty Kick: Conform to FIFA.

Law 15 – The Throw-In: Conform to FIFA.

Law 16 – The Goal Kick and Goalkeeper possession: Conform to FIFA with the exception of the Build out line. When the goal keeper has the ball in his or her hands during play from the opponent, the opposing team must move behind the build out line until the ball is put into play. Once the opposing team is behind the build out line, the goalkeeper can pass, throw or roll the ball into play. Referees should be flexible when enforcing the 6 second rule and counting the time of possession should only begin when all opponents have moved behind the build out line. After the ball is put into play by the goalkeeper, the

opposing team can cross the build out line and play resumes as normal. In the event of a goal kick, the opposing team must move behind the build out line until the ball is kicked into play. After the ball is put into play and touched by another player of the kicking team, the opposing team can cross the build out line and play resumes as normal.

Law 17 – The Corner Kick: Conform to FIFA with the exception that opponents remain at least eight (8) yards (24 ft) from the ball until it is in play.

Link to FIFA Laws of the Game:

<https://www.fifa.com/development/education-and-technical/referees/laws-of-the-game.html>

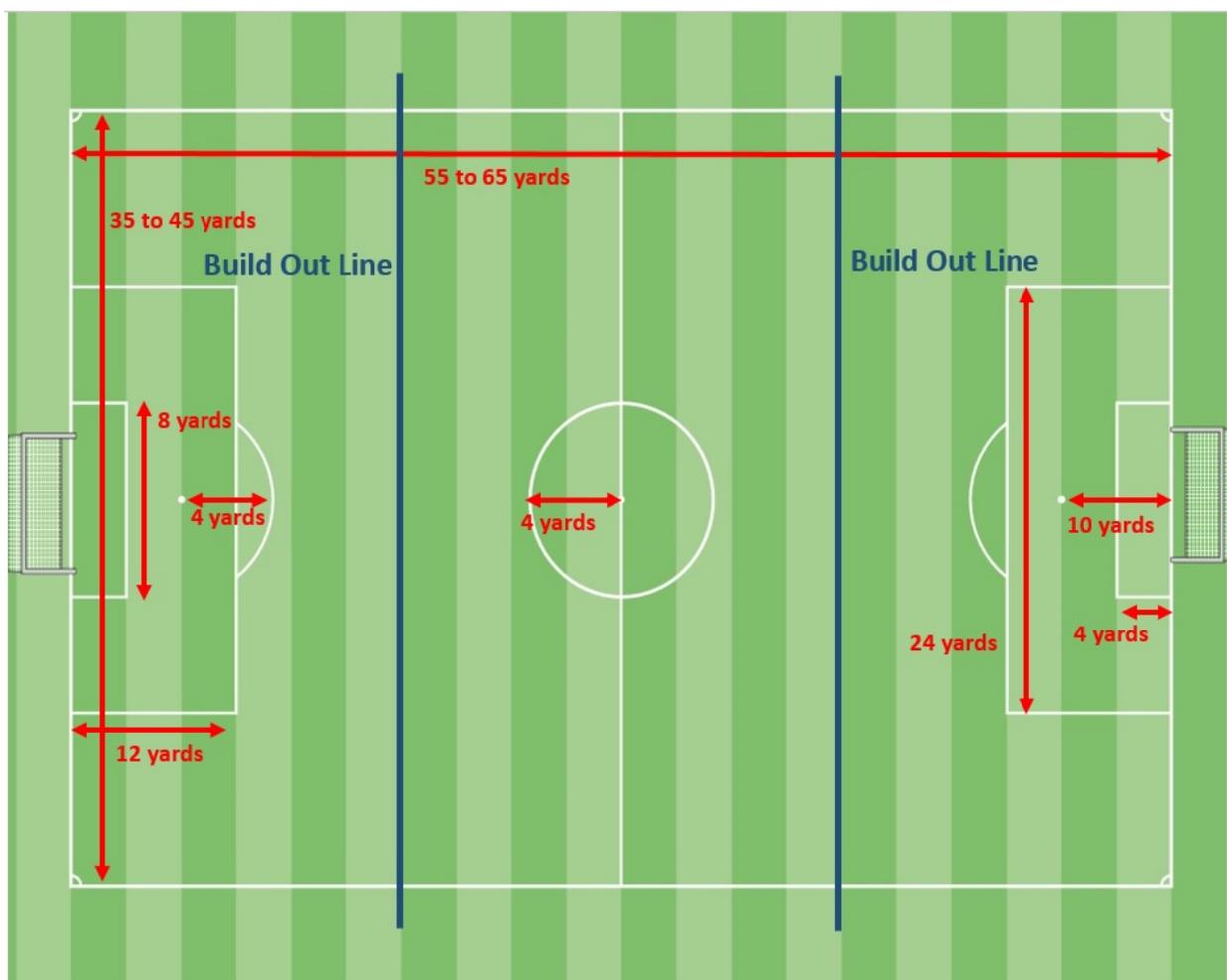


Figure 1